## Continuing Education Dental Exam



Name:			
Street Address:			
City, State, Zip:			
Telephone:	ID:		
E-mail:		Date:	
Signature:			

These questions refer to your knowledge regarding infant and toddler oral health:

- 1. Who is the center of infant oral health?
  - a. The child
  - b. The dentist
  - c. The caregiver
  - d. The dental team
- 2. At what age should a child have his or her first dental visit?
  - a. 6-12 months
  - b. 2 years
  - c. 3 years
  - d. 5 years
- 3. What determines the frequency whereby an infant or toddler should be seen by a dentist?
  - a. Caries Risk
  - b. Oral Hygiene
  - c. Caregiver involvement
  - d. Health factors
- 4. What is the recommended technique/position for performing an infant oral health exam?
  - a. In the dental chair by him/herself.
  - b. In the dental chair with the caregiver lying down.
  - c. In a knee-to-knee position with the dental assistant holding the child.
  - d. In a knee-to-knee position with the caregiver holding the child.
- 5. What is the type of in-office fluoride recommended for infants and toddlers in the dental office?
  - a. APF gel
  - b. Varnish
  - c. Fluoride toothpaste
  - d. Fluoride rinse
- 6. What percentage of caries reduction is expected with this fluoride application?
  - a. 15%
  - b. 25%
  - c. 35%

- 7. At what age is fluoride supplementation recommended to start for children that have less than optimal fluoride exposure and is considered at high-risk for dental caries?
  - a. birth
  - b. 6 months
  - c. 12 months
  - d. 24 months
- 8. What is the American Academy of Pediatrics juice guidelines for ages 1-6 yrs?
  - a. 4-6 ounces/ day
  - b. 4-6 ounces every other day
  - c. 8-12 ounces/day
  - d. Watered down juice
- 9. For what condition are pacifiers protective?
  - a. Asthma
  - b. Ear infections
  - c. Constipation
  - d. Sudden infant death syndrome
- 10. Implementing a Baby Oral Health Program into clinical practice can serve to:
  - a. Promote the establishment of early health values that can help establish a lifetime of good oral health.
  - b. Provide a market niche for your practice that attracts comprehensive family care and new patients.
  - c. Provide an opportunity to further develop and delegate to your staff recognizing their gift and talents and communication styles.
  - d. All of the above.

Thank you for your interest.

As we continue to find ways to improve our mission of addressing oral health disparities in children, we welcome any feedback you may have regarding our program